# Do It For Cancer and COVID-19.

#### We want to thank our Do It For Cancer fundraisers for their commitment to raise funds in support of people impacted by cancer, especially during these challenging times.

As the situation continues to develop our fundraising efforts will be impacted, so we've never needed your help more to ensure we can carry on with our vital work.

We are aware that fundraisers may be personally affected in some way by the situation surrounding the COVID-19 outbreak.

Your health and wellbeing is our top priority, so we encourage you follow the latest government health advice provided by the relevant authorities. More information to keep you updated can be found via health.gov.au <u>here</u>.

We are here to support you so if you have any questions in regard to your Do It For Cancer fundraiser, then please call us on **1300 65 65 85** or get in <u>touch</u> via our website.

And if you or someone you know is currently undergoing cancer treatment and have concerns in relation to the recent outbreak of COVID-19, we have some more information on practical ways to limit your exposure <u>here</u>. Or please do not hesitate to call a member of our team on our **Information and Support** line on **13 11 20**.



doitforcancer.com.au

# Do It For Cancer and COVID-19.

### Here are some suggestions to help with your fundraiser during this challenging time:

- 1. Follow the latest government advice your health and wellbeing is our top priority, so we encourage you to follow the latest advice. More information can be found via health.gov.au <u>here</u>
- 2. **Reach out to our team** we are here to support you! Our friendly team are working extra hard to help so please don't hesitate to get in touch with us by calling 1300 65 65 85 or <u>get in touch via our website</u>.
- 3. **Consider running your event online** hosting a dinner party? Do it over Skype/FaceTime/WhatsApp instead! Were you doing a <u>head shave</u>? You could live stream this for everyone to see!
- 4. Switch to a Do It For Cancer activity that can be done virtually there are plenty of activities you can do in the safety of your own home. May be a good time to <u>kick that bad habit</u> or ask people to <u>donate on your birthday</u> in lieu of a celebration.
- 5. <u>Get active</u> instead it's never been more important to stay heathy and we've seen how creative people can be whether that's checking out all the at-home YouTube workouts, or taking inspiration from that <u>personal trainer in Spain</u> leading a workout from his rooftop!
- 6. Consider changing the date too easy! Just give us a call or send us an email to let us know!
- And finally, keep people in the know many people are unsure about what is going on, so our advice is to let them know of any changes to your fundraiser! Your <u>fundraising page</u> is a great way to communicate this.

#### Thank you again for your ongoing support, particularly during this challenging time. We hope you and your loved ones stay safe and well!



doitforcancer.com.au