

WOMEN'S CANCERS TRIVIA

(SIDE ONE: QUESTIONS)

IF YOU'D LIKE TO ADD A BIT OF SIMPLE FUN TO YOUR GIRLS' NIGHT IN AND LEARN SOMETHING NEW, WHY NOT GIVE OUR TRIVIA A CRACK?

Question 1: Which famous first lady said, "Success isn't about how much money you make, it's about the difference you make in people's lives".

Question 2: What has recently replaced the pap test?

Question 3: Name three types of women's cancers.

Question 4: What colour is the gynaecological cancer ribbon?

Question 5: Which famous actress inherited the hereditary BRCA1 and BRCA2 gene connected with increasing breast and ovarian cancer risk and opted to have preventative surgery to reduce her risk?

Question 6: What changes to your breasts should you look out for? (1 point per change)

Question 7: From what age are women entitled to receive free mammogram screenings every two years?

Question 8: If you notice something different about your body or notice a something unusual such as lumps, thickening, unusual discharge, nipples that turn inwards suddenly, change in shape or colour, unusual weight loss, loss of blood or sudden spots between periods who should you contact?

Question 9: What proportion of cancers cases are preventable through healthy lifestyle choices?

Question 10: Who is famous for the quote "Nothing is impossible, the word itself says 'I'm Possible!'"

GIRLS' NIGHT IN

CATCH UP. RAISE FUNDS. CHANGE LIVES.



Cancer Council
Girls' Night In

*All answers correct as of July 2018. For up to date information and resources visit cancer.org.au or call **13 11 20**.

WOMEN'S CANCERS TRIVIA

(SIDE TWO: ANSWERS)

WE HOPE YOU AND YOUR GIRLFRIENDS LEARNT SOMETHING NEW!
IF YOU, OR SOMEONE YOU KNOW, NEEDS SOME INFORMATION RELATED TO
WOMEN'S CANCERS – OR ANY CANCER FOR THAT MATTER –
PLEASE CONTACT US ON 13 11 20.

Answer 1: Michelle Obama

Answer 2: The pap smear test has been replaced by the Cervical Screening Test, available to women aged 25-74 and is tested every 5 years. The cervical screening test detects HPV and checks the health of your cervix. You will be due for your first cervical screening test two years after your last Pap test. Speak to your doctor if you are overdue or unsure.

Answer 3: Breast cancer and gynaecological cancers which include cancers of the cervix, fallopian tubes, ovary, placenta, uterus, vagina and vulva.

Answer 4: Dark purple

Answer 5: Angelina Jolie

Answer 6: Changes to your breasts including lumps, lumpiness, a thickened area, a change in shape or unusual pain. Most changes are not due to breast cancer however it's important to have them checked straight away.

Answer 7: BreastScreen invites eligible women aged 50-74 for a free mammogram every two years. Women aged 40-49 or 75 and over may also be eligible.

Answer 8: Your medical professional for example GP.

Answer 9: At least one third of cancer cases are preventable through healthy lifestyle choices such as quitting smoking, being SunSmart, having a healthy diet, limiting alcohol consumption, and regular exercise.

Answer 10: Audrey Hepburn